

# FAB Nature Camps

Sand Lake  
Elgin, Ontario  
Camp Themes 2025



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## July 2nd-July 4th

\*\*\*This is a 3 day camp\*\*\*

**Turtle Mania:** What has armor but is not a knight, snaps but is not a twig, and is always at home? If you guessed TURTLES, you are all set for this week at camp. Did you know that 7 out of 8 species of Ontario turtles are at risk? This week at camp, you will discover why this is and be inspired to take conservation action to help turn the tide for our local turtle friends. Did you know that turtles are in the same "Class" as snakes and lizards - and they all have a hard time sitting in their seats! Join us for a week of fun with our reptile neighbours - silly jokes are completely FREE!

*Guest Mentor:*

## July 7th-11th

**Teamwork... The Key To Survival:** How are geese leaders in leadership? How do ants team with teamwork? Animals in the Biosphere are experts at working together to solve the puzzle of staying alive! We have lots to learn from their natural talents, so rise up to the challenge and shine like a star in this week of solving puzzles, building skills, self-reflection, and oodles of exploration.

*Guest Mentor:*

## July 14th-18th

**Rooting for Dirt:** Ready the microscopes, grab a handful of dirt, and unearth the secrets of soil! Learn what soil is made of and why *this* soil is a different colour than *that* soil. Zoom into the dirt and guess whether you've found salamander eggs or the world's tiniest white balloons! Spend the week digging into this hero of life underground with a delightful dash of mucking around.

*Guest Mentor:*

## July 21st-25th

**A Snail's Pace:** Have you ever seen a duckling waddle? What exactly *is* a snail's pace? Leap into the world of animal movement and practice your slithering, fluttering, bounding, and more in this week of active discovery! You'll need the healthiest snacks to keep your energy high, as we'll hop on the trails, set our pace, and follow tracks to see what it's like to bustle about in the Biosphere.

*Guest Mentor:*

## July 28th-August 1st

**Nature Know-How:** Channel your inner artist or architect and create a masterpiece (or beginner-piece) with bendy branches, piles of leaves, berry dyes, and more natural supplies from the Biosphere. Let your imagination run wild as you pick your materials and design a treasure for trading or for keeps, using gifts from the land. We'll get crafty and creative day-after-day until art becomes second nature!

*Guest Mentor:*

## August 5th-8th

**\*\*\*This is a 4 day camp\*\*\***

**Soar into Action:** Share your love of the Biosphere...with the Biosphere! Join us for the last week of camp where we show the community how small actions make big waves. We'll build bee homes, clean up the trails, and plant flower gardens with local species, showing kindness and care for nature in every activity. The sky's the limit on what we can achieve in 5 days of celebrating the Biosphere with our whole heart!

*Guest Mentor:*

## August 11th-15th

**Dip In and Discover:** From clouds in the sky to the mighty St. Lawrence River – water sure is everywhere! It winds through our wetlands, splashes down streams, and even carved out the cliffs that overlook the Biosphere today! Join us as we dip our feet into the world of water and discover the flow of the Biosphere. In rain or shine, we'll pour over aquatic animals, the water cycle, glaciers, and more.

*Guest Mentor:*

## August 18th-22nd

**WildCRAFT:** Welcome to the Frontenac Arch Biosphere WildCRAFT Adventure. Let's put your outdoor skills to the test, as you navigate through group challenges and the forest, to survive the "Wilderwoods" of the Biosphere. Adventure awaits you around every corner. Be sure to keep your eyes and ears open and watch out for the Wilderwoods beasts. Only the best potions and the strongest shelters will keep them at bay. The WildCRAFT Adventure takes many of the things that you love about your favourite video games and transforms them into an epic outdoor adventure with all of your camp friends. This week will be full of exciting and inspiring activities that the kids will love - shelter building, tool work, scavenging, nature crafting, potion making, and imaginative play.

*Guest Mentor:*

Turtle Mania	Teamwork: The Key To Survival	Rooting for Dirt	A Snail's Pace	Nature Know-How	Soar Into Action	Dip In and Discover	WildCRAFT
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
*3 day week*					*4 day week*		

Brought to you by:  
 The Frontenac Arch Biosphere Network  
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