

## APPENDIX B: Weekly Camp Themes and Guiding Questions

Week & Theme	Description	Guiding Question
<b>A Trek Back in Time</b>	“All aboard!!!!” Jump on the Biosphere's Time Traveling Train and uncover our glacial past. Imagine that thousands of years ago, where you stand now was once part of the oldest mountain range in Canada, with peaks larger than the Rockies. The ice made it A LOT colder and animals came in GIANT form. Join us, as we get to know these animals and mountains, up close and personal!	<i>What was the Frontenac Arch Biosphere in the past?</i>
<b>Secrets of Summer</b>	Have you ever wondered why leaves are green in the summer? Or maybe where these magical dragonflies have come from? Wait, what is this? Does that fish have legs?! Answer these and more in an exploration of summer in the Biosphere. Bring your rubber boots, sunglasses, and an extra sweater; we never know what the weather will be like in this wild climate zone!	<i>What is happening in the Frontenac Arch Biosphere now?</i>
<b>Down to Earth</b>	Fresh air? Check. Clear water? Check. Plants and animals? Definitely. The Biosphere sure has everything we need to survive! But, does it also have what we need to thrive?! Find what makes you happy in the Biosphere, in a week of discovering joy in the leaves, comfort in a ray of sunshine and delight in the flight of a Monarch Butterfly! Come lift up your spirits and get down to Earth!	<i>How does the Frontenac Arch Biosphere support us?</i>
<b>All Over the Map</b>	“North! North West! X marks the spot!” Learn the lingo of navigation and discover natural treasures in every corner of the Biosphere. You’ll get lost in this world of exploration and become a Master Navigator by making maps, solving puzzles and wandering in the woods. Be sure to wear your best walking shoes and get ready to take a hike every day!	<i>Where are we in the Frontenac Arch Biosphere?</i>
<b>Flock Together</b>	Explore friendships in the Biosphere and make a new pal who slithers, hops, chirps, trots, chatters, lives on tree, lives in a tree, is a tree, and more! Practice the super power of tracking to spot different animals and find out who hangs out with who in the Biosphere. Spruce up your plant ID skills along the way and make friends with the sprouts who soak up the sun – just like you!	<i>Who lives in the Frontenac Arch Biosphere?</i>
<b>Tales on the Trails</b>	Did you notice that track in the mud? Who walked down this path? Every hoof print, birdcall, half eaten acorn, and pile of scat is packed with a thrilling tale on the trail! So, put on your detective pants and learn to ask questions, read clues, and detect hidden stories in the Biosphere. This week of nature mysteries is perfect for anyone who loves snooping, sneaking, seeking, and storytelling!	<i>How does the Frontenac Arch Biosphere talk to us?</i>
<b>Tune In and Venture Out</b>	Calling all young naturalists! Perk up your ears, sniff the air, and settle in for a week of nature connection and citizen science. You’ll use all of your senses to make sense of the Biosphere and learn how you can help save turtles, raptors, and many more endangered species who call the Biosphere home. You may even get to meet one as you gather data and share your nature sightings with the world!	<i>How can we talk to the Frontenac Arch Biosphere?</i>
<b>A Biosphere Bash!</b>	Celebrate the end of summer with a mishmash bash of favourite camp games, most popular hikes, and a whole lot of love for nature. We want to say “thank you” to the Biosphere for an incredible summer and offer parting gifts like bird feeders, trail cleanups, seed planting, and more. Have your say in the daily activities and help create the most memorable week of camp yet!	<i>How can we celebrate the Frontenac Arch Biosphere?</i>

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<b>Turtle, Turtle</b>	Did you know that 7 out of the 8 species of Ontario turtles are at risk? This week at camp find out why, what you can do to help, and be inspired to take conservation action to help turn the tide for local turtles. Join us as we learn all there is to know about one of the world's most endangered vertebrates and take action to help!	<i>How do turtles support the Frontenac Arch Biosphere?</i>
<b>Mud... Nature's Slime</b>	It's ooey, and gooey, and cold, and feels so good between your toes! But it's also home to some of the smallest inhabitants of Landon's Bay – one cubic centimeter of soil contains more life than people on earth! This week we'll have a look at the forest's natural slime and all the different parts it takes to make it!	<i>How does each being contribute to the Frontenac Arch Biosphere's health?</i>
<b>Birds of a Feather, Flock Together</b>	They soar, hunt, and glide. From tiny hummingbirds to magnificent osprey, campers will love learning about birds! Become an ornithologist (bird scientist) for the week and learn what it means to be a bird in the biosphere.	<i>What is it like to live in the Frontenac Arch Biosphere?</i>
<b>Everything Has a Story, You Just Have to Listen</b>	The song of a bird, the dance of a squirrel, the rustle of the trees, and the slap of a beaver's tail are some of the delightful numbers waiting for an audience to hear, watch, and enjoy. The forest has so many stories to tell, you just have to listen!	<i>How does the Frontenac Arch Biosphere talk to us?</i>
<b>It's a Bug's World, And We Just Live In It</b>	Some sting, others bites, and they're usually just downright annoying (remember during the long winter when we said, 'Well, on the bright side, I haven't seen a mosquito lately!') <b>BUT</b> they have an important job in the ecosystem. This week is for the bug lover at heart!	<i>How do insects support the Frontenac Arch Biosphere?</i>
<b>All Over the Map</b>	I'm not lost! I just don't know where I am.' You'll never be able to use this excuse again after this week at camp! Learn the language of a map, how to orient a map, how a compass works and the best way to use one. Use these skills to discover the natural treasures hiding in every corner of the biosphere.	<i>Where are we in the Frontenac Arch Biosphere?</i>
<b>Survivor: Animal Edition</b>	Whether it's because of their teeth, tails, eyes, nose, ears, hair, or feet the animal inhabitants of the forest all have different ways to protect themselves. Discover them with us this week and find out what it would be like to have a few feathers or scales of your own!	<i>Who lives in the Frontenac Arch Biosphere?</i>
<b>Biosphere Bash</b>	Relive the highlights from all of the past weeks of camp! Favourite camp games, popular hikes, and a whole lot of love for the biosphere will fill your week from start to finish. There's no better way to end the summer!	<i>How can we give back to the Frontenac Arch Biosphere?</i>

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<b>Leaf Through the Land</b>	Go out on a limb and look under your shoe, for plants bursting with flowers, or speckled with dew. Just when you see only green plants in sight, you might just discover a plant that is white! Or maybe while painting a leaf from a tree, you notice an insect that’s munching with glee! Then bust out a field guide and give a loud cheer as you learn who grows in the Biosphere.	<i>How do plants support the Frontenac Arch Biosphere?</i>
<b>Rise and Shine</b>	How are geese leaders in leadership? How do ants teem with teamwork? Animals in the Biosphere are experts at working together to solve the puzzle of staying alive! We have lots to learn from their natural talents, so rise up to the challenge and shine like a star in this week of solving puzzles, building skills, self-reflection, and oodles of exploration.	<i>What can the Frontenac Arch Biosphere teach us about ourselves?</i>
<b>Rooting for Dirt</b>	Ready the microscopes, grab a handful of dirt, and unearth the secrets of soil! Learn what soil is made of and why this soil a different colour than that soil. Zoom in to the dirt and guess whether you’ve found salamander eggs or the world’s tiniest white balloons! Spend the week digging into this hero of life underground with a delightful dash of mucking around.	<i>How does each being contribute to the Frontenac Arch Biosphere’s health?</i>
<b>A Snail’s Pace</b>	Have you ever seen a duckling waddle? What exactly <i>is</i> a snail’s pace? Leap into world of animal movement and practice your slithering, fluttering, bounding, and more in this week of active discovery! You’ll need the healthiest snacks to keep your energy high, as we’ll hop on the trails, set our pace, and follow tracks to see what it’s like to bustle about in the Biosphere.	<i>What is it like to live in the Frontenac Arch Biosphere?</i>
<b>Nature Know-How</b>	Channel your inner artist or architect and create a masterpiece (or beginner-piece) with bendy branches, piles of leaves, berry dyes, and more natural supplies from the Biosphere. Let your imagination run wild as you pick your materials and design a treasure for trading or for keeps using gifts from the land. We’ll get crafty and creative day-after-day until art becomes second nature!	<i>What gifts does the Frontenac Arch Biosphere offer?</i>
<b>Dip In and Discover</b>	From clouds in the sky to the mighty St. Lawrence River – water sure is everywhere! It winds through our wetlands, splashes down streams, and even carved out the cliffs that overlook the Biosphere today! Join us as we dip our feet into the world of water and discover the flow of the Biosphere. In rain or shine, we’ll pour over aquatic animals, the water cycle, glaciers, and more.	<i>What makes the Frontenac Arch Biosphere unique?</i>
<b>Backpack the Biosphere</b>	Water bottle? Packed. Snacks? Already eaten. Tent? We’ve got you covered. Come grow your camping skills in a week of backpacking practice in the Biosphere. You’ll try out longer hikes, have plenty of picnics, and learn how to stay safe and comfortable in the great outdoors. We’ll help boost your camping confidence and you’ll be wild about backpacking in no time!	<i>How can we respectfully engage with the Frontenac Arch Biosphere?</i>
<b>Soar into Action</b>	Share your love of the Biosphere...with the Biosphere! Join us for the last week of camp where we show the community how small actions make big waves. We’ll build bee homes, clean up the trails, and plant flower gardens with local species, showing kindness and care for nature in every activity. The sky’s the limit on what we can achieve in 5 days of celebrating the Biosphere with our whole heart!	<i>How can we give back to the Frontenac Arch Biosphere?</i>